HISTORY can be defined as a dialogue between the past and the present; it connects us to our ancestors; it's all about the moʻolelo!

Born and raised on the west coast of British Columbia, I first came to Hawai‘i for my undergraduate studies at BYU-Hawai‘i (history major with a chemistry minor). I then pursued a master’s degree in the history of medicine at the University of Toronto, before returning to the islands to pursue my doctorate in the fields of Hawaiian, Pacific, and World history at UH-Mānoa. I’ve been a here at UH-Hilo since 2005, and feel continually blessed by experiences that continue to expand my connections to the people, islands, and history of Hawai‘i.

my definition of passion = an enthusiasm for something that is a part of you and who you are, sustains you, and generates energy for life
my passion = learning!

Nurtured by caring mentors at every stage of my educational journey, I hope to provide the same for all of my students – to facilitate a learning of history that edifies my students and encourages them to continue to grow and learn throughout life.

The more we understand the past and make those connections to people and places, the more empowered we all are, now and in the future.

ULUĀKEA = expanding our knowledge and understanding of who we are and of our connections to all things